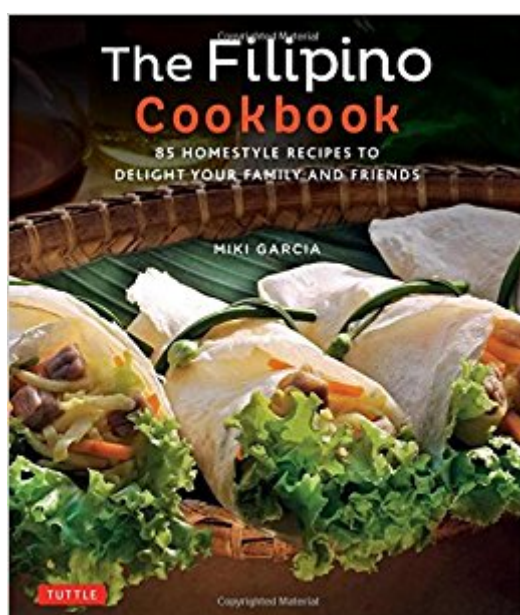


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The Filipino Cookbook: 85 Homestyle Recipes To Delight Your Family And Friends



Synopsis

Learn authentic and delicious recipes with this beautifully illustrated Filipino cookbook. This delightful collection of 85 tried and tested recipes from the Philippines showcases the full range of authentic dishes from the country. Each region has its own distinct food culture and this book relates the secrets and soul of dishes that create the cultural mosaic that is the Philippines. The Filipino Cookbook features easy, step-by-step instructions that Filipinos and non-Filipinos alike will enjoy. Learn to make the famous vegetable dishes of the Tagalog Peninsula to the seafood and noodles of the Visayan Islands and the spicy and colorful curries of Mindanao. Learn to make a perfect Pinakbet (Sauteed Vegetables with Shrimp Paste) or a delicious Halo-Halo (Mixed Fruits Dessert). Regale your friends with a wonderfully easy Paella (Rice and Seafood Medley) and Morcon (Stuffed Beef Roll) or an amazing bowl of Pininyahang Manok (Chicken with Pineapple). Utilizing readily available ingredients, The Filipino Cookbook allows anyone to create authentic Filipino food at home, whether you are one of the 4 million Filipino-Americans living in the United States or simply interested in trying something new. Authentic Filipino recipes include: Pan de Sal Bread Rolls, Wonton Soup, Crispy Lechon Pork, Chicken Adobo, Sweet and Sour Fish, Mung Bean and Spinach Stew, Noodles with Shrimp and Tofu, Sweet Banana and Jackfruit Rolls, Iced Tapioca Pearl and Jelly Drink.

Book Information

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Customer Reviews

"A delightful collection of 80 tried and tested recipes, The Filipino Cookbook showcases a full range of authentic Filipino dishes." —The Asian Journal
"Fried rice is a staple in all Asian countries where rice is eaten daily", wrote Miki Garcia in The Filipino Cookbook. She noted that Filipino fried

rice is garlicky, and is often accompanied by Filipino sausages. Filipinos like their fried rice garnished with crispy fried garlic or chopped green onion." •The Jerusalem Post "With influences from Chinese and Spanish cooking, Filipino food loves sour flavours, salty meat and creamy coconut. Try Miki Garcia's classic recipes from soy pork to sweet banana and jackfruit rolls." •The Independent

Miki Garcia is a journalist by training and a food aficionado by vocation. She obtained a Master's degree in journalism in England and is the author of two books: All About Ireland and How To Get Involved with International Organizations. She is an expert on Kapampangan culture and history and, though she has lived and traveled in nearly 100 countries, her greatest love is for the melting-pot food of the Philippines, where she lived for a year. She resides in San Francisco, California. Luca Invernizzi Tettoni was a world-renowned photographer who lived and worked in Asia for 40 years. He specialized in books on Asian culture including Tropical Asian Style, Balinese Gardens, Thai Style, The Tropical Spa and Contemporary Thai.

There are about 3 recipes in this book that I love and they have become a part of our regular monthly dinner menu. If I liked seafood I think that I would have many more favorites. Pictures are great, easy to understand instructions and the measurements are written for an American audience (meat in pounds instead of Kilos, cups not grams) Glad I got it.

I bought this book because it features some Kapampangan recipes. I know the Kapampangans are well-known in the Philippines for their fine cuisine. I have tried some dessert recipes and they were so yummy (especially Leche Flan and yemas my personal favorites) and my friends loved them too. I will update this review once I have tried other recipes in this book. I can't wait to try adobo...The book is glossy shiny good quality print, with mouthwatering photographs!

Cookbook was extremely helpful. The cooking instructions were easy to follow. Pictures used in cookbook were great quality. I highly recommend purchasing this.

Philippine wife absolutely loves it she is really excited about trying all her home town favorites

A good reference for me to have.

Recipes are easy to follow and delicious. You will love this book as long as you like Asian cuisine. You can also buy the ingredients easily at any Asian store.

A wonderful book for recipes plus info on ingredients and the Filipino culture. I have given this as a gift to my family and friends.

Great pictures that accompany the good recipes. Most dishes are doable in my modest kitchen so I will definitely recommend.

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